



Understand your DNA & Gut Biome to Live Strong and Disease free.

Start your personalized health journey

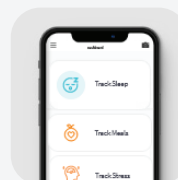
- ✔ Sleep better
- ✔ Lose weight
- ✔ Reverse or reduce diabetes risk
- ✔ Reduce symptoms of anxiety & depression
- ✔ Ideal for people living with two or more physical or mental conditions



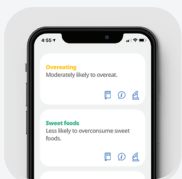
Your program includes ↓



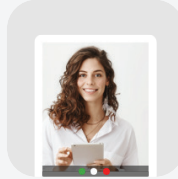
At home DNA & Gut Diagnostics Kits



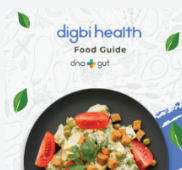
App-based tracking of meals, stress & cravings



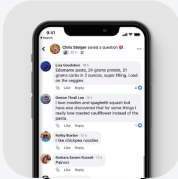
Health reports on allergies, probiotics & disease risk



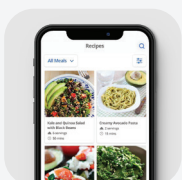
Dedicated health coaches



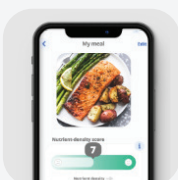
Personalised food guides



Community support



Recipe finder



Meal scoring by coaches




How can you get started?

- ✓ Sign up for the program
Visit: <https://partners.digbihealth.com/hrb>
- ✓ Download the mobile app
- ✓ Join an empathetic community
- ✓ Get your DNA & Gut biome test kits
- ✓ Meet with your health coach
- ✓ Reduce inflammation & achieve your health goals

Scan the QR Code to sign up for the program



Percentage of members achieving a Reduction or Remission of symptoms

 -9.2% Average total weight loss	82% IBS	66% Anxiety	63% Depression
 -66% Hypertension	77% Sleep	68% GERD	36% Pharma Re-
 -1.01% A1C levels			

Real People, Happy Stories



★★★★★
1000+ ratings



Mai
Down 30 pounds
Reduced Anxiety



James
Down 36 pounds
Improved Sleep